



## **ChristLife Young Adult Community**

### **IDENTITY**

A Catholic community of young adults committed to growing as disciples of Jesus Christ and serving the mission of the Church through evangelization and service to others.

### **WEEKLY MEETINGS**

We meet on Wednesday evenings from 7:15-9:00pm at ChristLife. Each meeting includes 3 main parts: prayer and worship, formation, and small groups.

#### **Prayer and Worship**

Prayer and worship helps us to love God above all else. It opens our hearts to his love and grace. It opens our ears to his Word. It opens our eyes to see where God is leading us. It opens our hands to serve others.

#### **Formation**

Formation forms us in the Truth that sets us free. We humbly realize we have much to learn about our faith. A particular emphasis is placed upon growing through ChristLife's evangelization process.

#### **Small Groups**

Small groups provide a context in which we can discuss the teaching, how it applies to our lives, and prayerfully support one another as disciples of Jesus. Small groups build community.

### **MISSION**

As a part of ChristLife's apostolate, the young adult community is mission-focused. We exist as Church to help others find salvation in Jesus Christ. The community does this through events such as *Discovering Christ*, Christmas Caroling, and service projects.